



**A Quick Note from the  
Ballina Primary Health Care Project  
Teeling Street**



Hello there,

We are 5 Traveller women who are Community Health Workers

During our training we learned about the different things that can effect health such as accommodation, discrimination and education

As a result of the poor health of Travellers, Travellers are dying much younger than the settled community. With your help we hope to change that for the future.

Our job is to give information to the Traveller families in the Mayo area and to work together with the services to build a better healthier future for the Community.

Please don't hesitate to contact us with any questions you may have—we are here to help. Looking forward to working with you in the future

Contact us on 096 75538

Lena Collins  
Winnie Maughan  
Maggie Maughan

Donna Muldoon  
Margaret Sweeney